



The Many Faces of Journaling: Topics and Techniques for Personal Journal Writing (2nd Revised edition)

By Linda C. Senn

Pen Central Press. Paperback. Book Condition: new. BRAND NEW, The Many Faces of Journaling: Topics and Techniques for Personal Journal Writing (2nd Revised edition), Linda C. Senn, This book opens with a chapter on the history of journaling with sample entries by such notables as Walt Whitman and Anne Frank. It then moves on to 12 topic chapters, such as therapeutic-cathartic writing, recording personal goals and growth, and developing your creativity. This second edition of The Many Faces of Journaling includes two chapters: "Scrapbook Journaling" and "Environmental Journaling," each of which is a hot topic among today's media and hobbyists. Chapters 2 - "Personal Growth & Goals," 3 - "Therapeutic Journaling," and 4 - "Upbeat Journaling" all deal with aspects of personal development. Chapters 5 - "Creativity Journaling" and 6 - "Scrapbook Journaling" are more playful. The next chapters 7 - "Journaling for the Next Generation," 8 - "Historic Perspective," and 9 - "Environmental Journaling" teach the reader effective ways to record past and current events from a personal perspective for future readers. Chapters 10 - "Nature Journaling," 11 - "Dream Journaling," and 12 - "Travel Journaling" demonstrate different methods for writing in depth about each topic. And in chapter...



[DOWNLOAD PDF](#)



[READ ONLINE](#)

[2.42 MB]

Reviews

If you need to adding benefit, a must buy book. It is actually rally interesting throgh reading time period. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- *Olen Mills*

An extremely awesome ebook with perfect and lucid reasons. This is certainly for all who statte there was not a well worth looking at. Your daily life span will likely be convert as soon as you complete looking over this book.

-- *Anahi Heaney*