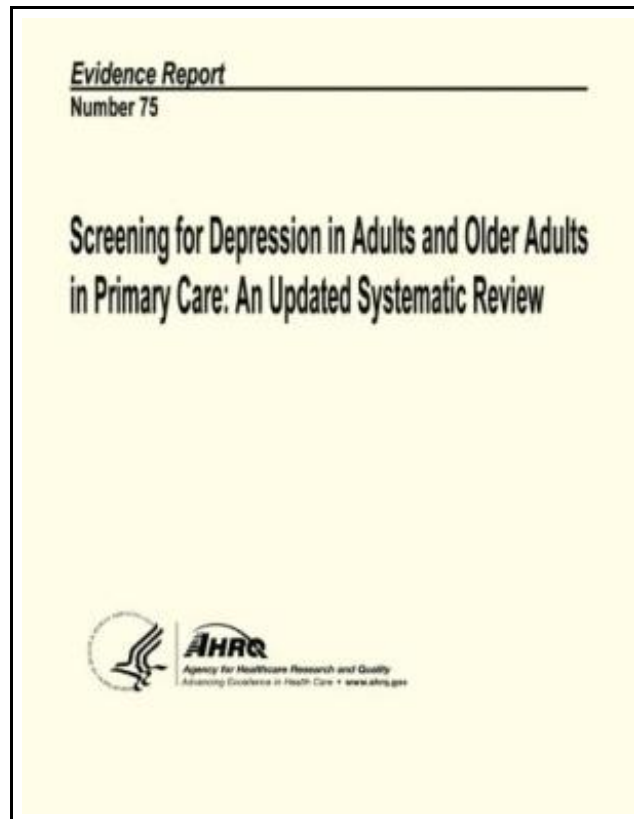


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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 168 pages. Dimensions: 11.0in. x 8.5in. x 0.4in. The term depression is not a specific term for a single diagnostic condition. Depressive disorders generally consist of major depressive disorder (MDD), dysthymia, and minor depression, but not other conditions that include depressive features, such as bipolar disorder. MDD is the most serious diagnosis, and is given to a person who meets criteria for major depressive disorder without manic or hypomanic features or a psychotic disorder. Dysthymia is similar to MDD but is generally longer-lasting and less severe. A variety of terms are used for people with depressive symptoms but whose depression does not meet criteria for MDD or dysthymia, such as subthreshold depression, subsyndromal depression, and minor depression. We conducted this review to aid the U. S. Preventive Services Task Force in updating its 2002 recommendation for adult depression screening in primary care. We focused on gaps in evidence identified by the previous review and on integrating relevant research published in the interim. We updated direct evidence that primary care depression screening programs improve health outcomes and examined evidence for the efficacy of depression treatment in older adults and evidence for the harms of screening and adverse events from antidepressant treatment in adults and older adults. Depression is a chronic disease characterized by partial remissions and recurrences in most of those who recover fully. While depression can occur in people of any age, the average age of onset is in the mid-twenties. Individuals are at risk for depression across their entire adult life span. Consistently identified high-risk groups include: women; people with other psychiatric disorders, including substance misuse; people with a family history of depression; people with chronic medical diseases; and people who are unemployed or with lower socio-economic status....



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