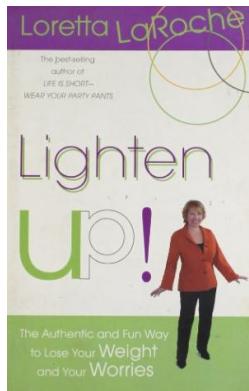


## Lighten Up!: The Authentic and Fun Way to Lose Your Weight and Your Worries



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