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## Singlism: What It Is, Why It Matters, and How to Stop It

By Bella DePaulo PhD

DoubleDoor Books. Paperback. Book Condition: New. Paperback. 266 pages. Dimensions: 9.9in. x 7.0in. x 0.8in. The widespread stereotyping and discrimination against people who are single has long gone unrecognized, unnamed, and unchallenged. Bella DePaulo, Ph. D. , calls it SINGLISM. In this collection, she defines singlism and shows where it is lurking in the workplace, the marketplace, and the media, in advertising, religion, and pseudoscience, in our universities and professional societies, in laws and policies, and in our everyday lives. Dr. DePaulo takes on the issue of why singlism persists often without apology or even awareness at a time when so many other isms are considered shameful. Drawing from social science research, she also explains why the simple statement, I am happy, when uttered by a person who is single, can elicit paroxysms of hostility, denial, and scorn. Singlism: What It Is, Why It Matters, and How to Stop It also includes contributions from a wide range of authors, experts, activists, and cutting-edge thinkers. They share their understandings of singlism and their stories of standing up to it, and they inspire us all to live our lives fully and joyfully. The book also includes a section on singlisms cousin the stereotyping...



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